

January 3, 2010

January Visit to Cork by Enlightened Master - Sai Maa

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Shiva Nights is a once in a life time opportunity for profound personal transformation. It consists of two consecutive nights of chanting and silent meditation in the presence of HH Sai Maa Lakshmi Devi, an enlightened master whom the Dalai Lama described as 'a dynamic and visionary leader'.

The healing effects of chanting on the human 'mind-body system' are time proven and extensively documented. It is however, HH Sai Maa's energetic mastery that creates the unique character and potency of this event. For the two nights, HH Sai Maa creates an energetic environment that facilitates the power of 'Shiva' - that aspect of our deepest self that enables profound transformation to occur.

This event takes place at night when our bodies are used to stillness, quietness and calm - a time when we are much better placed to move into the pure silence that we know is within us. This is the first event of its kind in Ireland, and all are invited to participate in this unique opportunity to merge our Celtic tradition of wakeful 'Vigil' with eastern practices of invocation and purification.

Dates and Times: Saturday and Sunday January 16th and 17th 2010, 7.00 pm nightly 'til 7.00 am

Venue: Radisson Blu Hotel, Little Island, Cork

Cost EUR180 before Jan 8th 2010. (EUR240 thereafter)

Registration and information on accommodation: Lisa Hodnett, hiureg@gmail.com,

Tel: 00353-87-2244429. For further information see www.hiu.ie

Notes to the Editor:

About Sai Maa:

HH Sai Maa is a dynamic visionary and Spiritual Master dedicated to Global Enlightenment and to eliminating the pain and suffering of humanity by bringing to the world Her extensive international experience as a humanitarian, teacher, speaker, counselor, therapist and healer. Honoring the many paths that connect us to God, Sai Maa teaches Oneness, Wholeness, Truth and Love. Whatever our tradition, Sai Maa guides us to a deeper understanding of our true selves, and Her words vibrate with universal knowledge and serve to activate the highest qualities in each of us. In 2007 Her Holiness Sai Maa became the first woman ever bestowed the title of Jagatguru in the five thousand year history of the Vaishnav Saint Society. The literal translation of 'Jagat Guru' is 'universal teacher' or 'teacher of the whole world,' as distinct from that of a particular religion, race, or nationality.

This event is being organised by Humanity in Unity, a non-profit organisation that sponsors and supports the teaching and global humanitarian service of Sai Maa Lakshmi Devi. Humanity in Unity Ireland has group meetings in many centres around the country including Cork, Dublin, Galway, Mullingar, and Clonakilty. These regular meetings are joyful expressions of our spiritual community, and include meditation, chanting, pure light blessings, and listening to HH Sai Maa's teachings.